



TEAMS FOR KIDS BORN BETWEEN 2007-2020 Register at

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ABOUT US









"NORTH CENTRAL ELITE, BUILDING CHAMPIONS ON AND OFF THE MAT"

Thank you for showing interest in North Central Elite All Star Competitive Cheer Program. We opened our doors 2016 with a reputation for excellence and are excited that you are considering joining us in Season 9. No matter the age or skill level of your child, we have a program that can meet your needs!

With the best instructors, we have all of the components to help your child succeed!

NEW IN SEASON 10

- Coaches this season will be Bryan, Amy, Amanda & Nicole
- All practices start in July
- Tumbling goes back to recreational tumbling classes. It is still included in the tuition, but you MUST register for a tumbling class each session. Sessions are as follows: July/Aug., Sept./Oct., Nov./Dec., Jan./Feb., March/April.
- Team bonding opportunities.

NCE HOLIDAY BREAKS & IMPORTANT DATES:

- First week of Practices start the week of July 13th, 2025
- MANDATORY CHOREOGRAPHY dates to come with team schedule time/day to be announced at a later date.

CLOSED

- 4th of July 7/1/25 7/5/25
- Labor Day 8/31/25 9/1/25
- Fall Break 10/10/25 10/19/25
- Thanksgiving Break 11/21/25 11/29/25
- Christmas/Hanukkah & New Years Break 12/19/25 1/3/26
- Spring Break 3/20/26-3/27/26
- Easter 4/5/26

EVALUATION INFORMATION



HOW DO EVALUATIONS WORK?

All Star athletes are required to attend a tryout/placements. On our main tryout date (May 20th) the athletes will warm up, practice jumps, tumbling and then learn basic stunt technique and work on creating a routine an perform in font of the group. Individual evaluations will follow the last half where each athlete will be asked to perform individual skills and body/stunt positions privately among the coaching staff.

Teams will be announced via our Team Release Party in July

• All athletes are required to attend the placement/tryouts. We may host a late tryout date at a later date after teams have been set.



BEST CHEER GYM AROUND! GREAT COACHES AND GREAT PARENTS! MORE THAN TEAMMATES AND THEIR FAMILIES. THEY ARE ONE GREAT BIG FAMILY!

TEAM INFORMATION

North Central flite

HOW DO YOU PLACE TEAMS?

There may be athletes on any given team that tumble at different levels than the rest of their team. We try to match up the athletes by level as best as we can, but please remember that stunting, pyramids, jumps, dance, and motions are a factor as well. Some athletes will be stronger tumblers than others, while some will contribute to stunting more than others. Creating a team is like a giant puzzle and we need to make sure we all fit together perfectly. Every athlete is placed on the team we think they will be the most successful on.

NOVICE, PREP & ELITE SKILLS BY LEVEL:

The following are the skills that will be performed by level at evaluation.

Level 1:

Backward Roll, Forward Roll, Bridge Up, Handstand, Cartwheel, Round off, Bridge Down, Front Limber, Back Walkover, Front Walkover

Level 2:

Standing BHS, R/O BHS, Standing BHS Stepout, BWO BHS, CW BHS, FWO RO BHS, Back Extension Roll BHS, R/O 2BHS, FWO R/O 2BHS

Level 3: Ariel, R/O BHS Tuck, R/O 2BHS Tuck, TT BHS, Standing 3+ BHS, 2BHS TT 2BHS, R/O Tuck

Level 4:

Standing Back Tuck, Standing 2BHS to Tuck, R/O BHS Layout, Punch Front to Tuck, CW Back Tuck, R/O BHS Layout Stepout, FWO R/O BHS Layout, R/O Whip 2BHS Layout, Punch Front Stepout R/O BHS Layout



AGE GROUPS:

Your eligibility age for the season is based off of the year your athlete was born. Many athletes will fall into more than one category, we will place them based on what we feel is the best fit for the athlete.

New Athletes- please bring a copy of your birth certificate or photo ID for North Central Elite to have on file.



FUNDRAISING



FUNDRAISING

With the price on all things cheer, we HIGHLY recommend you FUNDRAISE. We will have SEVERAL opportunities available throughout the season. We have a lot of parents who earn enough in fundraising to cover most (sometimes all) of the additional charges which are now rolled into 4 increments during the months of Aug, Sept, Oct & Nov. to ensure all are paid for before competitions start. This is to help keep the cost down during the holidays and comp travel times.

Fundraising at NCE is an easy way to earn \$\$MONEY\$\$ towards your account. Whatever you sell, you get a profit and those profits go directly into your gym account!! These are non refundable and forfeited if you quit the team.

Here is an idea of fundraisers you may see during the season:

Laundry Detergent ((5gal buckets) and our biggest fundraiser each year)) and hoping to do 2 rounds this year. Starting NOW and maybe in the new year!!

Rise n' Roll

Texas Roadhouse Rolls & Gift Cards Pork Burgers Flower Baskets Gift Card Wreath Super Bowl Squares Swan Creek Candles

PLEASE FUNDRAISE!





FINANCIAL

ALL-STAR TUITION



Tuition is paid monthly per athlete for all teams.

• Tuition for Novice, Prep & Elite teams are paid on a 10 month term that runs from July 1st, 2025 - April 30th, 2026.

Tuition covers all team practices per week and 1 tumbling class per week. <u>Tuition is paid on the 1st of</u> <u>every month for the upcoming month.</u> To avoid automatic payments you must make a payment prior to the 1st of the month by noon. Late fees will be processed along with tuition if no payments have been made prior to the 15th of the month.

Tuition for Novice (TINY) Teams 2025-26 Season:

• \$90 per month for 10 months

Tuition for Prep Teams (Tiny, Mini & Youth) 2025-2026 Season:

• \$130 per month for 10 months

Tuition for Prep/Elite Teams(JR, Senior & up) 2025-2026 Season: 2025-2026 Season:

• \$150 per month for 10 months

DISCOUNTS AND SAVINGS:

Sibling Discount 20% off tuition only (monthly tuition)

ADDITIONAL ALL-STAR

Additional charges associated with cheer are as follows: Fee's for New Athlete or as needed: Uniform & Bow \$670

Fee's for all athlete's every season: Music \$100 Choreography \$175 Comp Fees \$650 Membership Fee \$40

As with all years in the past, all these fees are due BEFORE we start competitions. We decided to make the process easier for you. Deposit includes the athlete uniform, bow & gym insurance. The charges for August - November include your team tuition plus 1/4 of the following charges (practice wear, music, choreography & competition fees.

WHEN WILL MY CHILD PRACTICE?

Each team will receive a practice schedule for the season in band. Practices are not optional.

NOVICE 5P-6:30p Day TBD ELITE, OPEN & PREP

Monday, Tuesday, Wednesday and or Sundays. 1-2 practices per week.

****PLEASE NOTE: Comp prices may change, the comp companies are still moving/changing pricing Also note, Novice & Prep should be lower as Elite pricing is often times higher. These changes will be reflected on the last installment, for Novice/Prep****

FINANCIAL



RECREATIONAL TUMBLING/CLINICS

Our "Sessions" are on a 2 month basis. It is a flat fee for the entire session.

SESSIONS ARE AS FOLLOWS: JAN./FEB., MARCH/APRIL., JULY/AUG., SEPT./OCT., NOV./DEC.,

TUMBLING \$108 per session Available Sunday, Monday, Tuesday & Wednesdays

OPEN GYM \$8 per class

JUMPS & STRETCHING \$60 per session Available Monday, & Wednesdays





FIANCIAL & FAQ'S



WHAT ELSE WILL WE HAVE TO PURCHASE FOR CHEER

<u>Cheer Shoes:</u> We recommend Nfinity Vengeance or Flytes OR Rebel shoes. Cheer shoes are REQUIRED and our shoe color is WHITE. NO EXCEPTIONS! Please ASK a coach or owner about the shoe before purchasing IF it isn't one of the above styles or brands.

<u>Hairpiece:</u> We require each girl athlete to wear a uniformed hairpiece. We recommend Crown That on Etsy! She is fantastic. The length must be 16 inches. NO EXCEPTIONS

Cheer Makeup: List will be provided closer to comps. Expect somewhere between \$30-60

I COMPLETED AN EVALUATION NOW WHAT?

After individual evaluations, we will take the athletes scores and assign each athlete to a team. Teams will be announced in July. Remember you are signing up for a spot on a NCE Team, not for a specific team.

Summer practices start at the end of each season. These practices will be all things all star. You can expect your athlete to tumble, stunt, work on stretching, jumps and technique in preparing for our full season to start in August. These practices will be great for team bonding and each kiddo will push each other to better their skills.

WHEN IS CHOREOGRAPHY CAMP

Choreography will be mandatory for all athletes. Team specific dates TBD

CAN I WATCH PRACTICE?

Yes & No...there may be times where we allow parents to watch. But team practices are often times not watchable. We find that the athletes pay closer attention to the coaches when parents are not watching. Often times, the athletes will pay more attention to their parents and what's going on vs listening to coaches.

If given the opportunity to watch, parents are not allowed to come onto the floor unless accompanied by a coach.



TEAM/ATHLETE POLICIES



ABSENCES

Attendance is crucial to the success of any team. An absence requestshould be submitted prior to missing any practice.

Excused Absences

- Contagious Illness
- Graded School Functions
- Family Emergency

Unexcused Absences

- School Dances or Games
- Traffic
- Too much homework or studying for finals
- Feeling tired
- No ride

UNIFORMS AND ATTIRE

Please keep all NCE Clothing and uniforms in good condition. Please report any lost or damaged uniform items to your coach. The cost of replacement will be the responsibility of the athlete. Any faded items will HAVE to be replaced. Athletes can not have any piercings and/or jewelry in for competitions. Please be mindful of this when thinking of getting new piercings.

TRAVEL/COMPETITIONS

During the competition season, cheerleaders will be asked to travel to events. Some athletes will travel to national events out of the state. In this case, a separate rule sheet maybe handed out closer to the time of the competition. Transportation to competitions is the responsibility of each team member and their family. Travel is not optional, it is required.

An VACATIONS

Please work to plan your family vacations around the gym schedule, we work hard to give you the gym closures early. If you are taking a vacation for spring break, try to take it the days we are closed so you do not interfere with your team. When the competition schedule is released, the week prior to a competition are blacked out, athletes who miss a practice during these weeks will not be eligible to compete at the competition that week.

INJURIES

If an injury should occur, it is the responsibility of the parent to seek professional help. After seeing a physician, please provide us with an evaluation of the athletes injury and status. An athlete with a serious injury will not be allowed to return to activity without a release from a medical professional.

TEAM/ATHLETE POLICIES



COPYRIGHT NOTICE:

The logo of North Central Elite belongs to the owners of the program. You cannot sell or create your own North Central Elite clothing or any other items. This includes team names and any likeness to logo, affiliation and/or program without the permission of Amy Berry, Owner North Central Elite.

COMMUNICATION

To streamline communication, As a parent, you will receive information one way, we will use the BAND app with team groups in which all events and current information can be found. We will give information after tryouts on how to join the app.





CORE VALUES:

Here at North Central Elite all decisions we make are guided by our five core values. Please make sure you understand and can commit to these before becoming a part of the North Central Elite family.

- Effort Over Everything there may be people that have more talent than you, but there is no excuse for anyone to work harder than you.
- Kindness Matters everyone you meet is fighting a battle you know nothing about. Be kind always.
- Integrity Always always do the right thing, even if no one is watching.
- Teamwork Makes the Dream Work talent wins games, but teamwork wins championships.
- Just Keep Swimming you grow in the moments when you think you cant go on but you keep going anyways. Pause. Breath, Cry if you have too, but NEVER GIVE UP.

PARENT POLICIES

North Central Elite

GOSSIP AND THE LOBBY

- Our lobby is for your convenience to allow you to watch your child practice.
- Siblings are not to be left unattended in the facility.
- Our lobby is supposed to be a positive environment. It is your job as a parent to love and support your child, leave the coaching to us.
- In the event of parents being an issue in the lobby, they will be asked to leave or could be removed permanently.
- Viewing areas have rules and expectations posted, please adhere to them.
- Videos and Photos of practice are not allowed to be taken from the lobby.
- By registering to be a part of our program you understand and agree to this.
- Parents are NOT ALLOWED to criticize or discuss with another child that is not their own. This will result in an IMMEDIATE ban!





FEES

- A schedule of payments is listed in this handbook. All monthly payments are set up in Jackrabbit and will be billed on the 1st of the month. If you choose to make a payment before late fees are charged, you must bring a check into the desk before the 1st of the month.
 Please make all checks payable to North Central Elite. You will need to address an envelope provided entirely then place it in the drop box.
- A late fee of \$25 will be assessed for all payments made after the 5th of each month. If your payment is declined from your bank, please make the payment immediately at the desk or via Jackrabbit.
- Monthly tuition is not pro-rated for any reason.
- Additional charges are non-refundable. If you choose to leave or are removed from the team these fees are not returned.
- By the 5th of each month, your account must be up to date. Otherwise, your athlete will no longer be allowed to participate.



COMP DATES



COMPETITION DATES

ALL COMPS ARE MANDATORY!! NO EXCEPTIONS! Do not book non refundable hotels! Changes happen out of our control! If pricing increases due to the economy or a comp isn't filled, a comp may be canceled.

- Nov 16th, 2025 Fairfield, OH
- Jan. 31st- Feb 1st, 2026 Indianapolis, IN
- Feb 21st 2026 Ft. Wayne, IN
- Feb. 28th, 2026 Clevland, OH
- March 7th, 2026 Lafayette, IN
- March 28th, 2026 French Lick, IN
- Finals May 9th & 10th Bradenton, FL

Back up comps:

